lea naturbidea

Nahi adina aukera, ibaia bidelagun

1. ALWAYS GIVE WAY TO PEDESTRIANS

The Lea trail is designed primarily for pedestrians. The Nature Trail can be cycled, but pedestrians have right of way at all times. Avoids risks and do not cycle at high speed in the natural environment. Whenever you come across pedestrians, stop and let them pass. Remember, pedestrians have right of way in the natural environment!

2. CARE FOR AND PROTECT THE ENVIRONMENT

Keep the natural environment clean by picking up any waste you may generate during your outing: food packaging, bottles, bags, cans, etc. Use reusable containers to reduce waste generation as much as possible.

Do not paint anything (trees, rocks or other natural elements) in the natural environment. As well as spoiling the trail, such actions may also disrupt the local ecosystem.

Respect native flora and fauna: do not pick any plants or flowers. They form part of the ecosystem and removing them upsets the natural balance. Do not try to approach any animals you may come across; do not feed them or get too close to them, as this may disturb their natural behaviour.

3. PLAN YOUR TRIP, CHECK THE WEATHER FORECAST AND MAKE SURE YOU TAKE EVERYTHING YOU MAY NEED.

Plan your stage in advance: departure and arrival points, along with any stops along the way.

Check the weather forecast and follow any recommendations. Remember, if there is a weather alert, better safe than sorry.

Take appropriate equipment for walking or cycling: clothing, footwear, helmet, rucksack, etc.

Don't forget to take water and sun cream.

4. BASQUE, A TREASURE YOU WILL FIND ALONG THE TRAIL

In Lea Naturbidea, Basque is very much alive. It spoken almost everywhere. We live our lives in Basque. Basque is the main heritage element you will find along the trail. Our most precious treasure. Try to speak Basque with the locals as much as possible. Here are some words and phrases to help you:

Basic vocabulary

BASQUE	SPANISH	FRENCH	ENGLISH
Egun on	Buenos días	Bonjour	Good morning
Agur	Adiós	Au revoir	Bye
Bihar arte	Hasta mañana	A demain	See you tomorrow
Gero arte	Hasta luego	A tout à l´heure	See you later
Ongi etorri	Bienvenido/a	Bienvenue	Welcome
Mesedez	Por favor	S`il vous plâit	Please
Barkatu	Perdón	Pardon	Excuse me/sorry
Eskerrik asko	Gracias	Merci	Thank you
Bai	Sí	Oui	Yes
Ez	No	Non	No
Ez horregatik	De nada	De rien	You`re welcome
On egin	Buen provecho	Bon appétit	Enjoy your meal
Nondik joan behar da?	¿Por dónde hay que ir?	Par où faut-il aller?	Which way should I go to get there?
Eskuinera	A la derecha	A droite	To the right
Ezkerrera	A la izquierda	A gauche	To the left
Gertu	Cerca	Prés	Near
Urrun	Lejos	Loin	Far
Taberna	Bar	Bar	Pub
Jatetxea	Restaurante	Restaurant	Restaurant

5. HOW TO GET THERE

You can reach the start of the trail by public transport and/or by road

BUSES

From Bilbao *Bizkaibus*

• A3512 Bilbao-Durango-Markina-Xemein-Lekeitio
Bilbo – Lekeitio | Lekeitio – Bilbo
• A3513 Bilbao – Hospital Galdakao – Gernika-Lumo – Lekeitio
Bilbo – Lekeitio | Lekeitio – Bilbo
• A3523 Bilbao – Hospital Galdakao – Gernika-Lumo – Aulesti – Lekeitio
Bilbo – Lekeitio | Lekeitio – Bilbo
• A3535 Lekeitio – Amoroto
Lekeitio – Amoroto | Amoroto – Lekeitio
• A3536 Lekeitio – Mendexa
Lekeitio – Mendexa | Mendexa – Lekeitio
• A3538 Lekeitio – Barainka
Lekeitio – Barainka | Barainka – Lekeitio

From Donostia /San Sebastián *Lurraldebus*

• DB03 Donostia-Deba-Mutriku-Ondarroa-Berriatua-Lekeitio
• DB04 Eibar-Elgoibar-Deba-Mutriku-Ondarroa
• DB05 Zumaia-Deba-Mutriku-Ondarroa
• DB06 Soraluze-Eibar-Elgoibar-Deba-Mutriku-Ondarroa

BY ROAD

• From Deba/Mutriku: GI 638 Deba/Mutriku-Ondarroa
• From Gernika-Lumo:
  + BI-3238 Gernika-Ispaster/Lekeitio
  + BI-3231 Gernika-Munitibar
• From Durango: BI 633 Durango-Markina-Xemein

Baietz itzuli berriro!